Professional Services Job Description

Job Title: Head Physiotherapist

Unit/School: Cardiff Met Sport

Grade: 6A/B

HERA: CMETS76

Core purpose of role

The Performance Services team is an integral part of the wider Sports System, working across the university's performance programmes to deliver the highest quality support with the aim of ensuring the very best student-athlete experience.
This is a dual role that will have leadership responsibility for the development of medical services provision and staff across our Performance Sport Programmes and TASS. The role will also have technical delivery responsibilities to our TASS programme.

The successful candidate will work closely with existing Performance Services team to grow the performance support provision, whilst also acting as clinical lead for multi-sport athletes.

Key responsibilities and contributions

- Lead and oversee the physiotherapy and sports rehab provision through the team to our performance programmes, driving a provisfion that is robust, needs led and progressive to meet outcomes aligned to our sport systems.
- Responsible for the day-to-day planning and administration of a robust provision through staff for allocated Cardiff Met Sports performance programmes.
- Provide expert knowledge and advice to staff for future development and progression of the physiotherapy provision and team.
- Coordinate the delivery of a detailed physiotherapy provision for the Cardiff Met performance team's, whilst also utilising the wider MDT, academic staff, and the student workforce to supplement the delivery of services.
- Set & agree annual performance objectives for the team and ensure effective reviews are completed through a supportive yet challenging approach.
- Work closely with professional clubs and NGB's to align the support and management of high performing athletes to enable a high-performance university sport environment.
- Develop a university wide approach to a structured sport related concussion management protocols and identify opportunities for a suitable concussion management provision as guided by BUCS and other institutions.
- Ensure a proactive, robust and collaborative approach to physical preparation programming and clinic-based delivery throughout the season, including return to perform (RTP) processes.
- Deliver 1:1 and group treatment and rehabilitation sessions and where necessary, provide training and matchday medical cover.
- Provide regular digital reports to aid in programming, planning, team selection and squad-based decision making.

- Significant experience of using diagnostic equipment and athlete programming and monitoring systems (VALD, Gymaware, TrainMyAthlete etc).
- Ensure individual and team compliance with all clinical governance processes and codes of conduct, completing associated duties for the British Universities & Colleges Sport (BUCS), CSP, and HCPC minimum operating standards, including the audit and review process for all relevant areas.

Person specification

Essential qualifications / Professional memberships

- A degree in physiotherapy or equivalent.
- Member of the Chartered Society of Physiotherapy.
- Health Professions Council (HPC) registered for greater than 3 years.
- A PHICIS 2, ATMMiF, ITMMiF pitch side trauma qualification (or approved by Royal College of Surgeons Edinburgh endorsed immediate care certificate).

Essential experience, knowledge and skills

1. Significant experience working as a physiotherapist within a sports environment, including pitch side support.
2. Significant experience of assessing and treating musculoskeletal conditions and sports injuries.
3. Extensive experience of developing practitioners' knowledge and processes.
1. Ability to develop and maintain positive relationships with athletes, staff and stakeholders.
2. Excellent written and verbal communication skills.
3. Excellent problem solving and decision-making skills.
4. Demonstratable commitment to CPD.
5. Ability to work as a team and independently.
6. Commitment to working in a flexible approach and an understanding of the working hours and demands of performance sport.

Desirable

1. Experience of developing service provision to meet the needs of teams and/or athletes.
2. Experience of communicating and working with coaches or Performance leads.
3. Understanding of the pressures of student-athletes.
4. Experience of working with high performing athletes.

Welsh skill requirements

Welsh is essential to our students and staff and is a key part of our provision and services. For every position at Cardiff Met, proficiency in Welsh language is either essential or desirable. You can find information about the levels by viewing our booklet: Welsh language skills levels. If a skill is listed as essential in the table below, please ensure you demonstrate this in your online application form.

Language level and general descriptor	Listening	Reading	Speaking	Writing
A1 – Beginner Can understand and use familiar everyday expressions and very basic phrases in Welsh.	Desirable	Desirable	Desirable	Desirable
A2 - Basic user Can deal with simple, straightforward information and communicate in basic Welsh.				
B1 - Intermediate user Can communicate, to a limited level, in Welsh about things that are familiar and/or work related.				
B2 - Upper intermediate user Can express myself in Welsh on a range of topics and understand most of a conversation with a native speaker.				
C1 - Fluent user Can communicate fluently in Welsh.				
C2 - Master user Can communicate fluently on complex and specialist matters in Welsh.				

Disclosure & Barring Service requirements

This post requires an enhanced DBS adult and child barred list check.

Supporting information

The University is a dynamic organisation and changes may be required from time to time. This job description and person specification is not intended to be exhaustive.

The University is committed to the highest ethical and professional standards of conduct. Therefore, all employees are expected to have due regard for the impact of their personal behaviour and conduct on the University, students, colleagues, business stakeholders and our community. Each employee must demonstrate adherence to our Code of Professional Conduct. In addition, all employees should have particular regard for their responsibilities under Cardiff Metropolitan University's policies and procedures.